

Behavior: General Discipline

[The Pocket Parent](#)

ISBN: 978-0-7611-2182-4(1)

The Pocket Parent is, literally, a pocket-size book of tried-and-true advice, common sense, parental wisdom, and sanity. Written by two professionals who've reared six children between them and made a career out of helping others with parenting issues, this handy book will be a lifesaver for every parent of a 2-to-5-year-old.

[Parenting Isn't for Cowards](#)

ISBN: 1-59052-372-5 (1)

Does your heart skip a beat when you think of all that could go wrong in the parenting years ahead? Anxiety is normal, but your worst fears don't have to become reality. Speaking both as a therapist and as a father--and drawing on a landmark study of 35,000 parents--Dr. James Dobson helps you.

[Back Talk: 4 Steps to Ending Rude Behavior in your Kids](#)

ISBN: 978-0-684-84124-3 (1)

Few behavioral problems challenge and frustrate parents, caregivers, and teachers as does verbal rudeness in children of any age. Now two experts in the field share their simple and specific four-step program for ending backtalk and restoring balance in relationships between parents and children, from preschoolers to teens. You'll learn how to recognize backtalk, how to choose and enact a response that will make sense to you and the backtalker, and when to disengage from the struggle and move forward. Full of advice and encouragement as well as suggestions on how to keep track of what works and what doesn't, *Backtalk* can be put to use immediately, before you hear another "Whatever."

[Say Goodbye to Whining, Complaining, and Bad Attitudes...in you and your kids](#)

ISBN: 978-0-877-88-354-8(1)

Dr. Scott Turansky and Joanne Miller offer a thorough program for establishing honor as a basis of family life — not just children honoring parents, but parents respecting children and children honoring each other. Even if honor seems a long way off in your household, you will find practical suggestions here to bring that goal a little closer — suggestions for kids of all ages. Honor is the biblical value that will bring about good behavior. It's more than just changing what kids do; it's changing the deeper issues of the heart that triggered the behavior.

[Scream Free Parenting: The Revolutionary Approach to Raising Your Kids by Keeping Your Cool](#)

ISBN: 978-0-7679-2743-7(1)

Scream Free Parenting is not just about lowering your voice. It's about learning to calm your emotional reactions and learning to focus on your own behavior more than your

kids' behavior . . . for their benefit. Our biggest enemy as parents is not the TV, the Internet, or even drugs. Our biggest enemy is our own *emotional reactivity*. When we say we "lost it" with our kids, the "it" in that sentence is our own *adulthood*. And then we wonder why our kids have so little respect for us, why our kids seem to have all the power in the family. It's time to do it differently. And you can. You can start to create and enjoy the types of calm, mutually respectful, and loving relationships with your kids that you've always craved. You can begin to revolutionize your family, starting tonight.

[Just Tell Me What to Say: Sensible Tips and Scripts for Perplexed Parents](#)

ISBN: 978-0-06-145297-0 (1)

Parents are often perplexed by their children's typical behaviors and inevitable questions. This down-to-earth guide provides "Tips and Scripts" for handling everything from sibling rivalry and the food wars to questions about death, divorce, sex, and "whyyyy?" Betsy Brown Braun blends humor with her expertise as a child development specialist, popular parent educator, and mother of triplets. Whatever your dilemma or child's question—from "How did the baby get in your tummy?" to "What does 'dead' mean?" to "It's not fair!"—Betsy offers the tools and confidence you need to explain the world to your growing child.

[SOS Help for Parents: A Practical Guide for Handling Common Every Day Behavior Problems](#)

ISBN: 0-935111-21-2(1)

SOS Help For Parents improves the behavior and emotional adjustment of children, ages two to twelve. You learn the best methods for improving your child's behavior and for reducing stress in your life. You learn essential child rearing rules, how to avoid four common child rearing errors, primary methods for increasing good behavior, major methods for stopping bad behavior and so much more.

[10 Days to a Less Defiant Child](#)

ISBN: 978-1-56924-301-5 (1)

In 10 Days to a Less Defiant Child, child and family psychologist Dr. Jeff Bernstein has developed a ground-breaking 10-day program to help parents gain back control over their defiant child or teen. This powerful and exceptionally reader-friendly guide explains what causes defiance in kids, why it's so destructive to the family, and shows parents step-by-step how they can end the behavior. Simple-to-follow and extremely effective, 10 Days to a Less Defiant Child will bring much-needed relief to the millions of frustrated parents out there living with defiant children.

[Creative Correction: Extraordinary Ideas for Everyday Discipline](#)

ISBN: 978-1-58997-128-8(1)

Drawing from her own family's experiences and from interaction with other parents, Lisa Whelchel offers creative solutions for parents who are out of ideas and desperate for new, proven approaches to discipline. In addition to advice on topics such as sibling conflict and lying, Whelchel offers a biblical perspective and down-to-earth encouragement to parents who are feeling overwhelmed. A handy reference guide that provides ideas for specific situations rounds out this resource that will be a blessing to parents and their children.

[The Kazdin Method for Parenting the Defiant Child](#)

ISBN: 0-618-773-67-3

A lifesaving handbook for parents of children who are occasionally, or too often, "out of control" Includes a bound-in twenty-minute DVD featuring Dr. Kazdin and his staff illustrating key concepts of the Kazdin Method Most child-behavior books are filled with advice that sounds reasonable, fits with what parents already believe about child-rearing, and is—as Dr. Kazdin proves— guaranteed to fail. The Kazdin Method for Parenting the Defiant Child makes available to parents for the first time Dr. Kazdin's proven program—one backed up by some of the most long-term and respected research devoted to any therapy for children.

[Parenting with Love and Logic](#)

ISBN: 978-1-57683-954-6 (1)

This parenting book shows you how to raise self-confident, motivated children who are ready for the real world. Learn how to parent effectively while teaching your children responsibility and growing their character. Establish healthy control through easy-to-implement steps without anger, threats, nagging, or power struggles.

[Ask Supernanny: What Every Parent wants to Know](#)

ISBN: 1-4013-08-64-3(1)

In *Ask Supernanny*, Jo responds to the questions she hears time and time again in emails, letters, and personal appearances. Topics ranging from bed-wetting, sibling arguments, homework, discipline, and much more.

[Supernanny: How to Get the Best From Your Children](#)

ISBN: 978-1-4013-0810-0(1)

Jo Frost, a.k.a. Supernanny, is the answer to every stressed-out parent's dreams. The Supernanny method gives parents the know-how to tackle problem areas such as mealtime, bath time, bedtime, bedwetting, homework, sibling rivalry, aggressive behavior, or a child who just won't do what he or she is told to do. Divided into action-oriented problem and solution sections, Supernanny will show parents how to restore harmony and authority in the home using the Supernanny's ten basic rules and her effective, no-nonsense approach to problem-solving.

Have a New Kid by Friday: How To Change Your Child's Attitude, Behavior, and Character in Five Days

ISBN: 978-0-8007-1902-9 (1)

Have a New Kid by Friday shows parents how to reverse negative behavior in their children--fast! With his signature wit and encouragement, Dr. Leman offers them hope and real, practical, doable strategies for regaining control and becoming the parents they always wanted to be. Focusing on changing a child's attitude, behavior, and character, this book contains chapters for each day of the week, as well as a special section with advice on everything from rolling eyes to sibling rivalry to talking back to punching walls--and much, much more.

The Best Things Parents Do

1-57324-902-5 (1)

Each chapter focuses on one topic and contains stories and vignettes from Kohl's personal experience, relevant statistics and psychological truths, strategies to use, and things to think about or actions to take. Kohl knows that when parents begin to pay attention to what they do well, they can do more of it—channeling their children's energy into constructive endeavors, modeling positive behavior and discouraging negative behavior, and honoring their children's feelings as well as their own.